

Discover Your Career



For those just starting, understanding what types of careers will bring you the most personal satisfaction will save yourself a great deal of time and aggravation in the future.

After the initial alignment consultation, there are two 60-90-minute career coaching sessions designed to define your talents, interests, and nature and what career will best serve you.

Session 1: Discovering Your Passions

Discover what your contribution to the world could be. This session combines completing the *Passion and Purpose* workbook (included) and discussing your answers to understand what motivates you. From this, we will be able to determine what you would enjoy doing regardless of pay, pain, or obstacles. What you would do simply because of your passion for it.

Session 2: Assessments - Finding a Job You Will Love

In this meeting, you will complete three extensive assessments that determine and describe your natural behavior style, your personal values, driving motivations, and the balance of tasks in your ideal work environment. Because these assessments are online, your results are immediately available for review and discussion.

Areas of focus during coaching sessions:

Personal Growth – Development of personal goals, understanding of self-image and internal positioning, plan for life-long learning, identification of behavioral styles, motivations for doing, and modalities of communication and learning.

Goal Setting – Establishing SMART goals; evaluating the outcome of each goal; and systematizing the results of goal-setting sessions to secure the longevity of positive outcomes.

Accountability and Execution – Motivation to achieve goals and complete strategies at an agreed-upon pace; support and encouragement; assistance with developing timelines and overcoming obstacles to each strategy.

When you are finished you will have:

An understanding of your personal passions and how to fulfill them in the workplace.
A perspective on your personal behavioral style and the styles of people you will likely enjoy working for and with and even develop long friendships with.